



### **Code of Practice for Parents/Carers**

- Encourage your child to learn the rules and play within them
- Discourage unfair play and arguing with coaches and officials
- Help your child to recognise good performance, not just results
- Never force your child to take part in sports
- Set a good example by recognising fair play and applauding good performances of all
- Never punish or belittle a child for losing or making mistakes
- Publicly accept official' judgements
- Support your child's involvement and help them to enjoy their support
- Use correct and proper language at all times
- Encourage and guide performers to accept responsibility for their own performance and behaviour
- Participants must wear suitable clothing for outdoor activities. Warm clothing in cool weather, a hat in sunny conditions, and a waterproof coat anytime of the year. Sun cream is advisable.
- Endeavour to deliver and collect the Junior at the place and times published or arranged with the Senior Coach